







EDUCATIONAL SYNERGY Newsletter | September 2022- Issue 02

What's INSIDE

LiM Journey P-02



A Leader with a Vision Dr. Amjad Ali Sagib Chairman Akhuwat Foundation



Preparing Our Children and Ourselves for a Rapidly Changing World **Sofia Qadir Khan**

Principal Girls Campus, Crescent Model Higher Secondary School



Leader in Me International Student Speech Contest "Popular Vote Winner" 2022



From the Coach's Desk Stress, No More! Saima J. Khan - LiM Coach

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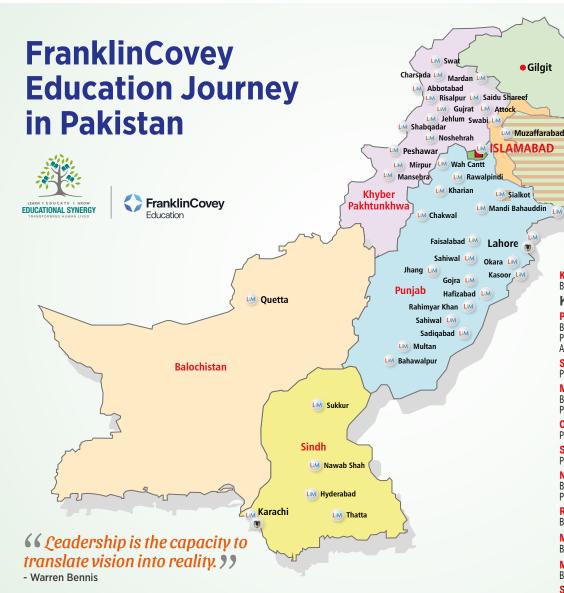
Dear Readers,

In the last decade or so, educators and caregivers have lived through the most rapidly changing and challenging times in regard to the way schools are shaped and teaching and learning is defined. Practitioners and school leaders in Pakistan are now fully aware that a school must cater to the demands of the new age learner, however, they are dealing with the challenges and lack of resources in this regard. This is the reason why LeaderinMe, a whole school improvement process based on the 7 Habits of Highly Effective People by Stephen R. Covey, was introduced in Pakistan, to fulfill the need for a comprehensive framework encompassing all aspects of social emotional learning and 21st century skills.

The human race has seen wars, pandemics, economic downturns and what not, what has ensured our survival until now is our resilience. Researchers as well as practitioners are increasingly concerned with how resilience can be built as an inherent mechanism in schools and how it can be inculcated in students. A few commonly highlighted steps to ensure resilience are, promoting mindfulness (taught through habit 1), goal setting (habit 2), problem solving (habit 4), teaching the importance of wellbeing of body and mind (habit 7), labeling and processing emotions (early years curriculum in LeaderinMe). The habits are taught through modeling by the adults, direct teaching taking place, and integration in all aspects of the school.

Today when I visit our LeaderinMe schools, it is a feeling of exhilaration to witness students taking charge of school events rather than being passive participants, to see all stakeholders in the schools aware of the school goals for the year, to observe how teachers are taking initiative on their own and helping each other out. School principals are happy to report that discipline issues and absenteeism has decreased in students and teachers. Parent participation and involvement also increases as they feel part of the school improvement process and equal stakeholders.

More than 100 schools in Pakistan have joined the LeaderinMe community to transform their schools, prioritise teacher and student wellbeing, and produce life ready learners. Our mission is to make the process of teaching and learning more meaningful, one learner at a time, one school at a time. We share this mission with our inspiring partner schools and our wonderful team members. Our journey is onwards and upwards towards a better, more inclusive, more effective education system, inshAllah. Looking forward to meeting likeminded people along the path. If you believe in the same things we do, let us connect!



Schools across Pakistan share our vision of developing empathetic, critical-thinkers ingrained with moral values. Our partnership with them is just getting stronger, year after year since 2017.

Leaderin Me.

SINDH

Karachi

Beaconhouse School System Roots International Schools and Colleges Generation's School Karachi Grammar School Habib Public School Happy Home School

Narayan Jagannath High School (NJV) Beaconlight Academy The Academy

White House Grammar School Khadija Kazi Ali Memorial High School The Smart School KN Academy

The Orchid School The Learning Space
Usman Allah Wala School

Beaconhouse School System

Nawabshah

Beaconhouse School System

Beaconhouse School System

Beaconhouse School System IBA Public School

PUNJAB

Bahawalpur

Beaconhouse School System

Rahimyar Khan Beaconhouse School System

Sadigabad

Beaconhouse School System

Beaconhouse School System

Beaconhouse School System **Okara**

Beaconhouse School System

Lahore

Beaconhouse School System Roots International Schools and Colleges L'école Mondiale Crescent Model Higher Secondary School

Adabistan-e-Sophia

Musab Schooling System L'école

KIPS Dar e Argam

School of Contemporary and Islamic Learning (SCIL) Lahore Literati Montessori & High School

Bahria Town School and College Al-Ala International Islamic School

Akhuwat College University

Beaconhouse School System

Beaconhouse School System

Beaconhouse School System Akhuwat FIRST

Beaconhouse School System Akhuwat College Akhuwat Jugnu School

Beaconhouse School System

Beaconhouse School System

Akhuwat College

Hafizabad

Beaconhouse School System

Gujranwala Beaconhouse School System Jadeed Dastgir Ideal High School The Learning Hub
The Learning Hub Girls College

Mandi Bahauddin

Beaconhouse School System

Sialkot

Roots International Schools and Colleges

Rawalpindi

Beaconhouse School System Roots International Schools and Colleges Presentation Convent High School

Beaconhouse School System

Jammu and Kashmir

KPK

Peshawar

Guiranwala

Chin

Beaconhouse School System Peshawar Model School Alkhidmat Foundation, Orphanage

Peshawar Model School

Mardan

Beaconhouse School System Peshawar Model School

Charsada

Peshawar Model School

Peshawar Model School

Beaconhouse School System Peshawar Model School

Risalpur

Beaconhouse School System

Mirpur

Beaconhouse School System

Beaconhouse School System

Saidu Shareef

Beaconhouse School System

Abbottabad

Beaconhouse School System

Attock

Beaconhouse School System

Wah Cantt

Roots International Schools and Colleges

Beaconhouse School System

Muzaffarabad

Roots International Schools and Colleges

ISLAMABAD

Beaconhouse School System Roots International Schools and Colleges GSIS, Global System of Integrated Studies

BALOCHISTAN

Beaconhouse School System Leaders' Odyssey School BACT, Balochistan Academy for College Teachers

Bahria University University of Lahore

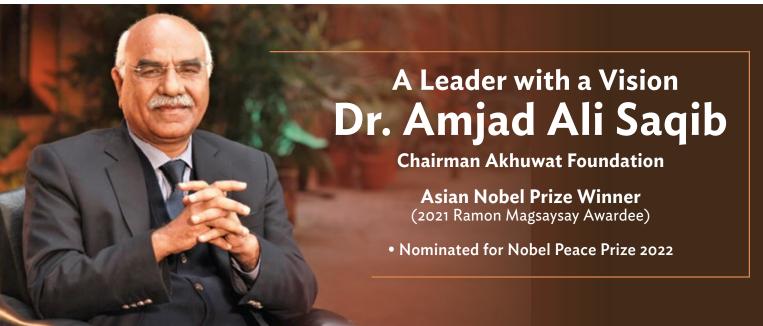
Islamabad

Riphah International University

LEADER (

Karachi

Bahria University



LiM: What is the importance of 21st-century skills & social-emotional learning in the coming future?

Dr. Amjad: The new skills require the use of human-centered Design, Collaboration, and Information Technology. Students in the twenty-first century must comprehend human emotions, and how they impact learning. These days, it is critical for instructors to recognise that emotional intelligence is directly related to the academic performances. Students must be able to collaborate with other students, instructors, and parents while utilizing technology in order to learn new abilities. It is essential that students are able to have a positive outlook, have self-motivation, and also be able to listen and understand the needs of others. Therefore, effective communication skills and lastest technologies should be integrated in the curriculum that is one of the main requirements for a succesful future. The use of social media is also essential for this generation, and that's why it should not be overlooked when planning any future educational environment.

Future citizens must be able to communicate with others in a non-verbal and respectful way. Students need to understand the importance of being resilient when times are tough. This is essential not only for the individual but also for the greater community. The future citizens need to be able to work in a team environment while they are preparing themselves for a lifetime of employment and leadership. Critical thinking, communication skills, creativity, and planning are essential for the twenty-first-century workforce.

LiM: How will you promote leadership qualities amongst the students at Akhuwat Colleges?

Dr. Amjad: A good leader should have feelings of empathy for others, stay resilient in the face of challenges, must have ability to solve problem, and willing to learn from their own mistakes. A leader should be the first one who listens and understand, not just hear. Leadership is something beyond intellectual abilities; a good leader must possess the

emotional intelligence to empathize with other people. We inculcate leadership skills and traits through role modeling and demonstration. As it is said, "Actions speak louder than words", so leadership qualities are promoted through actions only.

Lending a helping hand to those who are in an unfortunate situation is part of our faith. Mawakhat teaches us to help those without means. Akhuwat operates under the participatory development paradigm (a bottom-up approach), which believes in empowering people via financial sustainability and education. We think that education can have a long-term influence on people's lives.

Young people are the backbone and true asset of our country. They have the potential to build Pakistan into a strong nation. If given opportunities at the right time, these young people have the capacity to change the world.

One thing that has to be stressed enough is lack of access to basic opportunities like education. At Akhuwat colleges, we provide our students with the skills, while inculcating a spirit of empathy.

LiM: Your Message for the Youth

Dr. Amjad: My message for our young generation is to be optimistic and to work hard. As a young person, you have the opportunity to make a difference. You can be positive and productive members of a society. You can create meaningful change for yourself and others around you. I tell every young person to imagine an ideal version of him/herself and strive to become that every single day. Try to resemble this ideal version as much as possible and work every day to achieve that vision of yourself.

Preparing Our Children and Ourselves for a Rapidly Changing World

Sofia Qadir Khan

Principal Girls Campus, Crescent Model Higher Secondary School

The world is ever evolving and as of now rapidly, full of surprises. While we are still facing the pandemic, there are other challenges globally that continue to haunt us such as climate change, Russian-Ukraine conflict, global inflation etc. Therefore, as the world further shrinks due to the impact of technology, skills have become an important part of evaluation "rather" than just grade point averages. Today the demand stands for adaptability, research, ability to navigate relationships, solve conflicts, to collaborate, and to be after innovative all of which are instilled by the 21st Century skills.



Therefore, these skills equip young people to become life ready learners and global citizens.

Fortunately, over the past decade the importance of life

skills such as social-emotional learning have been highlighted in the Pakistan's education

sector. I strongly believe in providing young learners with an environments that nurtures their ability to manage their emotions effectively, which in turn helps them with decision making and motivation. Hence, we are offering LeaderinMe at our school in order to equip our students with 21st century leadership and life skills that would help them in terms of personal leadership as well as positive community climates.

Investing in oneself, in ways that foster and improve one's emotional quotient is one of my most important message to the youth. As life is full of challenges, your inner strength and courage can perhaps be the most important element of your very being owing to the fact that life is a roller coaster, a ride that will definitely challenge you as the years go by.





Uswah Batool from Generation's School received a token of appreciation for representing Pakistan on the International Webinar "How Schools Around the World are Inspiring Greatness, One Child at a Time" by FranklinCovey USA.

Student-Led Conference at Generation's School

Student-Led Conferences empower students to own their learning by leading a conference with their family and teachers about their academic and leadership progress. Generation's School took charge and started Student-Led Conference at their school.

Benefits of Student-Led Conferences

- Encourages personal responsibilities for academic performances
- Increases student engagements
- Provides better understanding of strengths, challenges, interests, and learning preferences
- Encourages higher-order thinking
- Promotes a growth mindset







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XXI əsr Məktəbi has the privilege to be the pioneer Leader in Me Schools of Azerbaijan. **XXI əsr Məktəbi** joined hands with FranklinCovey Education Pakistan in August 2021 for the true

social-emotional learning of their students. It is all because of their strong belief that students' achievements are not always related to their innate talents, but to their diligence, motivation, expectation, and the right directions set for their bright future.



School of Contemporary and Islamic Learning (SCIL) aims to impart quality education in modern contemporary subjects in a progressive and supportive Islamic environment. We welcomed SCIL and promised to facilitate them through the Leader in Me process, which will develop not only educational Leadership among students but also provide career and life readiness solutions.



Lahore Literati Montessori & High School has the vision to empower each student by facilitating holistic development in a challenging and constructive learning environment. FranklinCovey Education Pakistan welcomes Lahore Literati Montessori & High School for starting a Leader in Me

journey to build the prosperous future of students.





FranklinCovey Education Pakistan and **Habib Public School** signed the MOU on May 21, 2022, and embarked upon the journey towards Educational Leadership development for long-term sustainable results.

The partnership will build a path for continuous improvement in the lives of students, educators and families through whole school improvement process, "LeaderinMe" by developing the 21st Century skills that will help to shape their future goals.





FranklinCovey Education takes great pleasure to announce **Roots International Schools and Colleges** as its new member in

the "Leader in Me Family" having footprints in 150+ countries around the globe. These days, world is evolving rapidly with unexpected changes arising the need to equip ourselves and our future generation with the modern techniques and skills of the 21st Century Learning.

Roots International Schools and Colleges also felt this need and associated with FranklinCovey education on June 27, 2022 to bring this required demand and change in the arena of the Education system in Pakistan, and laid down the foundation of sustained academic achievement involving strong leadership and life skills among students with the positive high-trust school environment.



LEADER IN ME

Happy Home School, IBA Public School Sukkar and The Academy signed an MoU with FranklinCovey Education in a joint ceremony



Mr. Aqil Aziz from
FranklinCovey Education
Pakistan signing the MoU with
Mr. Danish Faruqi (Deputy
Director Academic Affairs,
Happy Home School), Mr.
Zahoor Ahmed (Vice Principal,
IBA Public School Sukkur) and
Ms. Rehana Saleem (Manager
TLU, The Academy)













FranklinCovey Education Pakistan and other renowned institutions of Karachi and Sukkur including Happy Home School, IBA Public School Sukkur & The Academy signed the MoU in the presence of Mr. Fazal Niazi (Practice Lead, FranklinCovey Education Pakistan), Mr. Danish Faruqi



(Deputy Director Academic Affairs, Happy Home School), Mr. Zahoor Ahmed (Vice Principal, IBA Public School Sukkur) and Ms. Rehana Saleem (Manager TLU, The Academy) on March 2, 2022. This partnership is a beginning of a leadership journey towards learning with great passion to enable greatness in people by creating leaders, teams, and cultures that get results.

Dr. Shehzad Jeeva (Director, Aga Khan University Examination Board) was the keynote speaker of the event and talked about Social and Emotional Learning.

Following prestigious schools and universities attended the MOU Signing Ceremony as well.

B.V.S. Parsi High School, Mama Parsi Girls' Secondary School, Generation's School, The Smart School, Ghulaman-e-Abbas School, The Lings School, Al- Mutaza School, Beaconlight Academy, Fajar Academy, Bahria University, and DHA Suffa University.

Leaderin Me.

Schools in Pakistan

MoU Signing Ceremony between FranklinCovey Education Pakistan and Peshawar Model School



FranklinCovey Education Pakistan and Peshawar Model School signed the MoU in the presence of Mr. Fazal Niazi (Practice Lead, FranklinCovey Education Pakistan) and Mr. Shayan Sethi (Director, Peshawar Model School) on March 27, 2022.







Peshawar Model School is one of the renowned institutions of KPK with the aim to meet the ever increasing needs of education. To begin with the LiM process, FranklinCovey's incredible trainers full of enthusiasm, knowledge and experience conducted six days LiM Training on 7 Habits of Highly Effective People with 1000+ Participants in Peshawar Model School.



Memorandum of Understanding between FranklinCovey Education and Beaconhouse School System



The MoU was signed by Kasim Kasuri, Chief Executive (CE) at Beaconhouse and Fazal Niazi, Practice Lead FranklinCovey Education, Pakistan and Azerbaijan.

FranklinCovey Education Pakistan signed a Memorandum of Understanding (MOU) for the "Leader in Me", a school transformational model and process that empowers students with leadership and life skills necessary to thrive in the 21st century, with Beaconhouse School System, the country's largest network of private educational institutions on June 22, 2022. FranklinCovey's Leader in Me is an evidence-based training model, developed by educators to build resilience and leadership in students, create a high-trust culture, and help improve academic achievement. This model equips students, educators, and families with the leadership and life skills needed to thrive, adapt, and contribute in a dynamic world. Beaconhouse School System was established 46 years ago by Mrs. Nasreen Kasuri and has been an epitome of educational expertise and community development in Pakistan. The school system currently has over 315,000 students enrolled full-time across seven countries.

Our aim is to inculcate life skills such as critical thinking, creativity, self-discipline, relationship building, and goal achievement for learners through Leader in Me Reflective Journals that will supplement the personal, social, health, and emotional (PSHE) curriculum of Beaconhouse through valuable insights and teaching resources. In addition to the above, the collaboration also makes Beaconhouse School System the first exclusive partner for the 'Train the Trainer' programme.

With this partnership in place between Beaconhouse and FranklinCovey Education, Pakistan is third in school strength for the Leader in Me programme after the United States and Brazil.

Speaking at the occasion, Mr. Kasim Kasuri, CE of Beaconhouse stated, "At Beaconhouse, effective learning in the classrooms begins with empowering students to drive their learning journey. FranklinCovey's Leader In Me programme in principle is aligned with our learner agency concept of

students taking ownership of their learning. Leader In Me is an excellent value addition to Beaconhouse's existing curriculum and I am hopeful that in the longer run this endeavour will help us raise and educate effective future leaders for our country."

Mr. Fazal Niazi speaking to the audience highlighted the ever increasing importance of social emotional learning and student wellbeing. He said, "The FranklinCovey Education team is proud to collaborate with the Beaconhouse School System, who have been market leaders in the education sector of Pakistan for the last five decades. Therefore, it is apt that

Beaconhouse Schools will be the ones to launch the Leader in Me programme at this scale for the first time in Pakistan. Leader in Me is a premier social emotional learning framework and whole school transformation process since 1999. Findings of the leading educational research bodies have shown it to be most effective in creating a leadership culture, teaching leadership principles and aligning academic systems. We are very excited to see the results of the Leader in Me process transforming the educational horizon of Pakistan."



The world is changing at an unprecedented pace.

Every day, leaders are making countless decisions and facing problems they've never encountered before. What worked yesterday can change overnight. The speed is relentless, the stakes are high, but the rewards are great for those who can lead a team to consistently achieve extraordinary results.

So how can schools stay ahead of the curve and differentiate themselves and their teams when so much is changing so quickly?

Beaconhouse has felt this need, and developed partnership with **FranklinCovey Education** for bringing the required outcomes.



Find Your Voice Session at Bahria University Karachi Campus



Fazal Niazi , Practice Lead FranklinCovey Education Pakistan and Azerbaijan conducted an interactive session with Bahria University's students to help them find their voice.



Group picture with Vice Admiral Asaf Humayun, Bahria University's faculty members, Students of Bahria University Business School, and FranklinCovey Education Pakistan's team.

Certificate Distribution Ceremony at Bahria University Business School

Students of BBA received certificates in the presence of Mr. Fazal Niazi (Practice Lead, FranklinCovey Education Pakistan), Dr. Saima Zia (Principal, Business School Bahria University), Ms. Jacqueline Ismat (Senior Assistant Professor, Bahria University), and other faculty members on completing the course "Corporate Skills".







Job Fair at University of Lahore

Recruitment drive by FranklinCovey Education Pakistan's team at University of Lahore helped students to get the opportunity to meet with recruiters and learn new interview skills.







Riphah University Online Sessions

Riphah University joined hands with FranklinCovey's Education on a promising journey for creating support, accountability, and adopting new behaviors through FranklinCovey's Reinforcement Facilitation. LeaderU Facilitators conducted multiple internationally verified and recognized virtual sessions for Riphah University Team on Leading and Managing the Change, Training on Building High Performances Teams, Problem Solving, and Negotiations, and Train the Trainer. It empowered their character, competencies, and develops emotional resilience and agility that help them to see their purpose to connect with their key goals.

EDUTODAY Leaderin Me.

"Congratulations"



Leaderin Me. International Student Speech Contest 2021

Price Distribution Ceremony held for Runner ups of the LeaderinMe International Speech Contest 2021 for appreciating our little leading stars, Saim Ahmed from Happy Home School and Azka Aqeel from Generation's School.

Leaderin Me. International Student Speech Contest 2022

Areeba Baig, aged 19 belongs to Azad Kashmir (Bagh). She is among the 20 finalists of the Leader in Me International Student Speech Contest 2022, and is studying BS Economics in Akhuwat College Chakwal. Her dedication and passion led her to achieve this position. It's a big honor for her as well as for the whole country, Pakistan.





Leaderin Me. International Student Speech Contest "Popular Vote Winner" 2022

Zahra Irfan from Educational Trust Nasra School Saddar Campus, Karachi Pakistan is the Popular Vote Winner of the International Student Speech Contest 2022. Her determination and leadership qualities helped her in achieving this position and winning the prize money of \$500. She is the pride of Pakistan!

7 Habits of Highly Effective People Workshop at Educational Synergy's Training Hall

The workshop benefited the educators in transforming the ways they handle their work and personal lives, such as managing their time more efficiently, staying motivated, and cultivating relationships.

Karachi's aspiring educators participated in this workshop to acquire new knowledge and best practice to be an effective person by using 7 Habits in their daily lives.



Parent's Session at the Learning Hub College Gujranwala & Adabistan-e- Soophia School Lahore

The session helped parents to understand how families can involve effectively with each other and get the idea of interdependency. "The more you can get kids to buy into interdependency you have resolved 90% of the challenges and problems that come into a family," says Covey. It creates a bond between siblings that is emotionally nurturing. They begin to think of siblings as their best friend, and they support each other.





Neuroscience Backed Wellness Work Session at Karachi and Lahore

The worksession helped participants manage their thought regulation and increase resilience by tapping into the science behind how the brain works.

Following top most schools and universities from Karachi and Lahore participated in this session.

DHACSS, Army Public School, Engro Model School, The Educators, Progressive Public School, Kiran Foundation, Beaconlight Academy, Khadija Kazi Ali Memorial High School, Al-Murtaza School, The Learning Space, Karachi Grammar School, The Smart School, Profectus International School, Leaders' Academy, Rosans Islamic School, Jadeed Dastgir Ideal High School, Musab School System, Beaconhouse TNS, ARSH Science Academy, SCIL, Pride School System, The Noor School, Aspire Grammar School, Karachi Medical and Dental College, Salim Habib University, Bahria Business School, and University of Karachi.







Rethinking Leadership Session at Habib Public School

The session motivated educators to brainstorm and focus on the commonly seen and effective paradiagm of leadership. Different activites helped them to rethink about their perspective of leadership, potential, change, motivation, and education.



From the Coach's Desk

Saima J. Khan - LIM Coach



Stress, No More!

When we talk about Habit 1 - Be Proactive and its first practice which is to pause and respond, based on principles, and desired results and not based on how someone or something came at us or our mood, we equip ourselves with the potential to change this moment and every moment after.

We can pause between stimulus and response and bring our brain's regulatory systems into balance during times of stress. We do this by noticing our physiological response, naming our emotion, and thinking about why we are responding this way. We expand the thinking part by engaging in a reflective practice. When we do this, we build our ability to think in the moment when our emotions are heightened. The goal of "Think" is not to turn



off our negative thoughts. It's to take a step back and ground our thoughts.

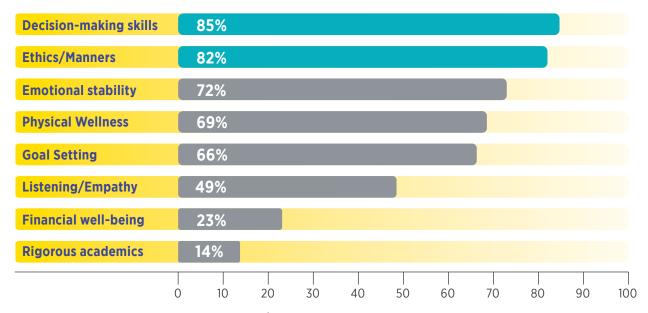
This tool of hitting the pause button and reflecting on a stressful situation or interaction, works best by journaling it if we are doing it alone, or by sharing our thoughts with a trusted partner.

What does Every Child Need?

'From parents and educators perspective'

It is a common prediction and expectation to grade "Rigorous Academics" as most important in calculating the factors involved in the learning of true Education, when it comes to, WHAT DOES EVERY CHILD NEED?

FranklinCovey Education challenged this norm and surveyed all levels of institutions with different educators and parents. The results were unremarkable different and demanding, showing what today's society wants to see in the 21st-century learners.



The result showed Decision-Making Skills and Ethics/Manners as the top most choices for parents and educators